

ANNUAL REPORT 2019 - 20



GURU NANAK CHARITABLE SOCIETY

Reg. No.- 734/11-12

Regd. Office at – 45 Street
number 3, Doordarshan
enclave phase 1, Jalandhar,
PUNJAB - 144001

NGO Darpan Unique ID - PB/2021/0285051

Contact Us: - +91 9417929827

Email id – drkuldeepsing@gmail.com



- EDUCATION
- WOMEN EMPOWERMENT
- HEALTH
- AGRICULTURE DEVELOPMENT
- ENVIRONMENT
- HELP TO OLD AGE PEOPLE
- SKILL DEVELOPMENT
- SPORTS DEVELOPMENT
- HELP TO NEEDY
- DIGITALIZATION

2019 – 20

INDEX

1. Chief Executive Message

2. Notice For Members

3. Financial Performance

4. Activities Details

5. Auditors & Acknowledgement

Chief Executive Message

Dear members and well wishers,

Organization is working for it's purpose from inception and in future we have plan to explore our services, increase our Ngo's operational areas across the country, currently we are working in rural and urban areas of Jalandhar district, this year we have conducted various social welfare programs – food to needy, educational equipment to needy student, help to old age people, spread awareness against dowry system and child marriage, cleanliness and plantation program in rural areas and spread awareness about it, save water resources and tell farmers brothers to how to develop ways of farming which help them to get benefit.

We are also take care for animals – provide them food, healthcare and shelter as possible as we can. I call upon our long-standing supporters to further strengthen our organization so that we can keep the organization relevant and live to the development needs of communities. Wish you all the Readers and the whole team a very happy and prosperous future.

I would like to Congratulate each and every members of the our organization ho continue to support and believe in our Work.

Dr. Kuldeep Singh

Secretary



ANNUAL REPORT OF GURU NANAK CHARITABLE SOCIETY

Our Executive Committee/Board of Trustee has pleasure in presenting the Annual Report of the Society along with Audited Statement of Accounts and Auditors' Report thereon for the year ended 2020.

To receive, Consider and adopt the Balance Sheet as on 31st March 2020, the Receipt & Payment Account and Income & Expenditure Account, for the Year ended on that Date and the Reports of the Executive Committee and Auditors Thereon.

To approve the constitution of the Executive Committee.

To transact such further or other business may properly come before the meeting or any adjournment thereof. The Member,

GNCS Hon'ble Members During The period under review the financial, physical Performance as under.

FINANCIAL PERFORMANCE

GURU NANAK CHARITABLE SOCIETY

AT-INSIDE KAMAL HOSPITAL, NAKODAR, DIST.- JALANDHAR, PUNJAB

INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST MARCH, 2020

[Amount in Rs.]

EXPENDITURE	AMOUNT	INCOME	AMOUNT
To <u>ESTABLISHMENT EXPENSES:</u> <i>As per details in Receipt & Payment A/c</i>	283,179.00	By Donation & Suscription	249,065.00
		" Local Public Contribution	129,400.00
		" Member's Fee & Contribution	64,250.00
To <u>ACTIVITIES EXPENSES:</u> <i>As per details in Receipt & Payment A/c</i>	173,803.00	" Misc. Receipts	16,362.00
To Depreciation	2,860.00		
To <u>ACCRUED EXPS. & PROVIDED FOR:</u> Audit Fee	2,500.00		
		<i>Being Excess of Expenditure over Income</i>	3,265.00
		<i>carried over to B/S</i>	
Total	462,342.00	Total	462,342.00

Page 1

ACTIVITIES PERFORMANCES OF THE YEAR

1. LANGAR FOR POOR & NEEDED PEOPLE

GURU NANAK CHARITABLE SOCIETY” provide food to every needy people who are helpless like beggars at roadside, some of them are disabled and unable to do something for their livelihood, some of them are labors but lack of work they also struggle for food and other basic needs – clothes and shelter, our team organize food distribution program one day in month and feed hundred people at least.

Lack of access to adequate, nutritious food prevents students from thriving academically and workers from performing at peak levels at their job. Healthy food is an important engine to propel students and workers out of poverty.



2. STUDY MATERIAL DISTRIBUTION TO NEEDY STUDENTS



This year our organization members have been distributed study materials in rural areas school to one hundred people in which – items are – books, notebooks, pen, pencils and geometry box and have organized some extra curricular activities for them, so that they can attract towards study and be a part of society development, there are many children who give up their education in middle due to lack of resources, because these days education is being so expensive for middle and lower class family and even they can't be graduate and have to face many difficulties for to get a good source of livelihood, So our youth volunteers providing education and study materials to needy and poor children for continue their study without any trouble.

3. HEALTH CAMP (CHECK-UP & MEDICINE DISTRIBUTION)

GURU NANAK CHARITABLE SOCIETY ' organize health camps for care of health to needy people – in checkups – blood pressure, eye check-up and other types of regular check-ups and provide them medicines of fever, cough and small health injuries, Health has an important role in feeling happy, as there are many people who suffer from diseases, but the health enables them to fight diseases, as a result, they achieve physical fitness and feel comfortable or enjoy life like any normal person. Your energy level is a reflection of your overall health and wellbeing.



4. OLD AGE PEOPLE WELFARE ACTIVITIES -

Our team provide help to old age people through medicines, clothes and other types of need according to situation, they visit old age homes and find out problems faced by them, and help as possible as we can, Common conditions in older age include hearing loss, cataracts and refractive errors, back and neck pain and osteoarthritis, chronic obstructive pulmonary disease, diabetes, depression and dementia. As people age, they are more likely to experience several conditions at the same time. The greatest challenge facing us as we age is the prevention of physical disability and the extension of "active life expectancy." Fortunately, recent studies suggest that healthy ("successful") aging is achievable, with sound planning for old age.



5. SKILL DEVELOPMENT TRAINING TO YOUTH -

Low skills perpetuate poverty and inequality. When done right, skills development can reduce un- and underemployment, increase productivity, and improve standards of living. Helping people develop and update their skills makes economic sense. Students are the human capital of the country and it is essential to empower them for the development of the economy. Some of the benefits of skill-based education include: Flexibility: Skill-based education places the ownership of learning in the hands of students and helps them restrict the big gap of understanding. Our organization provide skill training – computer software and hardware training, other job oriented courses to youth people.



6. AWARENESS ON DOWRY SYSTEM & CHILD MARRIAGE

More than 8,000 women die as a result of India's dowry system each year. Sometimes a woman is murdered by her husband or in-laws when her family can't raise the requested dowry gift. Other times, women commit suicide after facing harassment and abuse for failing to meet the dowry price. Even though dowry has been illegal in India since 1961, it is still prevalent. Dowry gets reported only when the groom's demands go beyond what the bride's family can afford or when the bride is physically abused or, worse, killed, as cases that gained media attention show.

Child marriage negatively affects the Indian economy and can lead to an intergenerational cycle of poverty. Girls and boys married as children more likely lack the skills, knowledge and job prospects needed to lift their families out of poverty and contribute to their country's social and economic growth.

Girls who formally marry or cohabit as if married before the age of 18 are more likely to have early pregnancies, experience dangerous complications in pregnancy and childbirth, acquire HIV, and experience domestic violence. Ending child marriage will improve the health of millions of girls, and their children.

7. STITCHING AND EMBROIDERY TRAINING TO WOMEN



AUDITORS

S N KAPUR & ASSOCIATES, Chartered Accountants, Patna, Bihar, has conducted the audit for the year .The Executive Committee places on paper and its sincere thanks to the office bearers , members , volunteers beneficiaries and common people at large for extension of co- operation and efforts.

Audit

For & on behalf of Executive Committee

“GURU NANAK CHARITABLE SOCIETY ”

Dr. Kuldeep Singh

Secretary